



**Background:** There is a recognised need for hospices to support care homes with delivering palliative and end of life care. People living in care homes have increasingly complex care needs and the time of stay from admission is now approximately 15-18 months.

**Aim:** To enable care home staff to build on their knowledge, skills and confidence in providing palliative & end of life care for their residents and families.

8

Care Homes

9

ECHO  
Sessions



25 Staff



15 Case  
Studies

## Benefits reported by care home staff



100% felt well supported to use IT technology



100% felt the sessions were well facilitated and opportunities to contribute to the discussion were supported



60% agreed they had gained new learning, knowledge or information

### Topics

- The dying process
- Pain & symptom management
- Communication around death and dying
- Dying with or because of dementia
- Relationships with NHS colleagues & services
- Delirium
- Looking after yourself

### Presenters

- Hospice Community Nurses & Doctors
- Hospice consultants
- Geriatrician
- GP
- Research Dietitian
- Hospice Councillor

## Impact on Practice

I found out more information about delirium. It was good to hear other care homes stories, and it gave us time to think about what we would do in a similar situation.

I feel the sessions went really well and I enjoyed the new learning experience/opportunity this has brought

"The reflection on practice was very beneficial in generating discussion with staff on how we can improve things and resulted in several chats afterwards"